

YOUTH VOLLEYBALL LEAGUE RULES

LEAGUE INFORMATION

Practice(s): Practices (8) are held once a week and are agreed upon with your team and must be scheduled with Brandon Mitchell bmitchell@gameonfw.com

Games: Each team is scheduled 8 games. Season winners will be determined by number of Wins & Losses.

ROSTER RULES

Players: Only players listed on the official roster maintained at the Game On Sports Complex office are eligible to participate in games. Guest players are not authorized at any time or under any circumstances.

Rosters: Additional players may be added to the official roster prior to the 2nd week of the season.

TEAM & INDIVIDUAL RULES

Playing Rules:

1. The game ball will be provided by Game On but players are welcome to play with personal volleyballs.
2. Leagues consist of 8 one hour matches. League games will be played best 2 out of 3 sets. Games one and two will be played to 25 points. The third set will be played to 15 as a tiebreaker. Please limit warm-ups on the court to 8 minutes. If a team wins the first two sets within 40 mins, the remainder of the time and a 3rd set will be played until 10 mins before the next match.
3. Rally Scoring: A point is scored on every serve, no matter which team served. The team who wins the point gets to serve the next point. For example, "Team A" serves the ball out of bounds, so "Team B" gets the point and the next serve.
4. Each team may have three successive contacts to return the ball to the opponent's area. If the first touch is on a block, the team may have three additional contacts to return the ball.
5. The ball may contact any part of the body and any number of body parts as long as it does so simultaneously.
6. When the ball comes to rest momentarily in the hands or arms of a player, it is considered held. This is a violation.
7. Double contact occurs when a player hits the ball more than once with no other player touching it in between these contacts. A player who blocks the ball may touch it a second time without an intervening touch by another player.
8. If the ball is held simultaneously by two opposing players, it is a double fault and results in a play over.
9. If two players on the same team contact the ball simultaneously, it is considered as being one contact for their team.
10. A player who places any part of the body above the height of the net is considered to have the intention to block; only front-line players may block.
11. If two players contact the ball on a block, it is considered only one hit.<sup>[L]
[SEP]</sup>

POLICIES

Forfeits: If a team is unable to field a team within 10 minutes of the scheduled game time the game will be forfeited. Forfeited games will not be rescheduled.

Cancellations: Cancellations must be made 48 hours prior to schedule game time. Coach must notify Game On Sports Complex league director in writing. Cancelled games will not be rescheduled for the team that cancels. Game On Sports Complex league director will attempt to find a replacement game for team affected by cancellation. If no replacement game can be made, the opposing team can use the court for practice.

Game On Sports Complex has basic rules to prepare you for league play. Please handle all violations in a respectful manner, polite tone and redo the play if there is a continued disagreement.

Please feel free to email us bmitchell@gameonfw.com with comments or suggestions. Also be aware that all players who sign the waiver are responsible for knowing and abiding by the rules.