



## ADULT VOLLEYBALL LEAGUE RULES

### LEAGUE INFORMATION

**Practice(s):** Practices can be purchased at a discounted rate.

**Games:** Each team is given 8 guaranteed games. Season winners will be determined by number of Wins & Losses.

### ROSTER RULES

**Players:** Only players listed on the official roster maintained at the Game On Sports Complex office are eligible to participate in games. Guest players are not authorized at any time or under any circumstances.

**Rosters:** Additional players may be added to the official roster prior to the 2nd week of the season.

### TEAM & INDIVIDUAL RULES

#### **Playing Rules:**

1. Service order must remain the same throughout the game.
2. Service must rotate male/female each service unless there are an odd number ratio of male/female players.
3. In coed leagues, a female player must contact the ball if the team contacts the ball more than once while the volleyball is on their side on the net.
4. Teams may substitute by direct substitution or by rotation, but teams must choose only one method of substitution and continue that method throughout the game.
  1. Direct substitution requires one player to replace another. When using direct substitution, any player may replace another unless it does not comply with the Coed ratio rule. Substitution by rotation allows players to rotate in a continuously rotating fashion.



2. When substituting by rotation, teams are not allowed to change or alter the order of rotation. When rotating, players must enter the game at the serving position or the center back position. [L]  
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5. The first two games of a match will be played to a rally score of 25 points, and the third game will be played to a score of 15 points. Two-point advantage must be attained to win the game.

6. One, 1 minute timeout will be allowed each game of the match.

7. Any volleyball that strikes an overhead object on the side of the net of the team playing the volleyball, the volleyball will remain in play. If the volleyball strikes the ceiling, rafters or lights on the opponent's side of the net, the volleyball will be ruled dead. Also, if the volleyball strikes the bleachers, Basketball Goal or wall on either side of the court, the volleyball shall be ruled dead.

## POLICIES

Forfeits: If a team is unable to field a team within 10 minutes of the scheduled game time the game will be forfeited. Forfeited games will not be rescheduled. [L]  
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Cancellations: Cancellations must be made 48 hours prior to schedule game time. Coach must notify Game On Sports Complex league director in writing. Cancelled games will not be rescheduled for the team that cancels. Game On Sports Complex league director will attempt to find a replacement game for team affected by cancellation. If no replacement game can be made, the opposing team can use the court for practice.